

# Approach to spirituality – Year 12

## Our approach to spirituality

Spirituality relates to fundamental questions about the meaning and purpose of life. It is not dependent on religious beliefs. It includes the universal search for individual and communal identity. Spirituality is an innate human capacity. It is not about becoming more spiritual in a measurable sense. It is about realising or becoming more aware of our natural, innate spirituality. Students do not reach a finished state of spiritual development but participate in the ongoing process of spiritual realisation.

## Developing spirituality through our enrichment offer

Some examples include:

- London visit
- Oxford visit
- Cambridge visit
- Next Gen Leaders
- Debate club
- Fieldwork – Yorkshire coast
- Chaplaincy group
- Christian worldview conference
- Insight day
- Arts award

## Developing spirituality through the curriculum

Here are some examples:

Psychology – understanding memory

Biology – do we have a right to alter another species' genes, through genetic modification or selective breeding, to make them fit our desires?

Physics – quantum physics – reflecting on the intricate nature of the universe and what matter is really made of.

RE – problem of evil – how can we believe in a loving, powerful God despite evil and suffering in the world?

Sociology – the spread of religious beliefs around the world and possible decline of religious beliefs.

## Developing spirituality through collective worship and pastoral activities

Some examples include:

- Collective worship
- Moral, world and religious views programme
- Christmas service