

# Approach to spirituality – Year 10

## Our approach to spirituality

Spirituality relates to fundamental questions about the meaning and purpose of life. It is not dependent on religious beliefs. It includes the universal search for individual and communal identity. Spirituality is an innate human capacity. It is not about becoming more spiritual in a measurable sense. It is about realising or becoming more aware of our natural, innate spirituality. Students do not reach a finished state of spiritual development but participate in the ongoing process of spiritual realisation.

## Developing spirituality through our enrichment offer

Some examples include:

- Carol service
- ARCH Ambassadors
- Ski trip
- Jekyll and Hyde visit
- London RS residential
- Geography fieldwork
- Rhineland, Germany

## Developing spirituality through the curriculum

Here are some examples:

Art – natural forms

History – health and people

Maths – ratio of faiths in a community, what would that mean for our class?

Photography – nature and natural forms

## Developing spirituality through collective worship and pastoral activities

Some examples include:

- End of term services
- Remembrance
- Thought for the day
- Year group collective worship
- Voluntary communion and worship services