

Spirituality in...

Leadership

Empathy

Compassion

Justice

Diversity

Equality

Freedom

Following rules

Creativity

Sportsmanship

Enjoyment



Developing empathy when working with a diverse range of individuals (Y7)

How can you support each other in competitive and creative settings as individuals or within teams? (Y8)

Self-assessment and constructive criticism that can lead to change for development allowing time to reflect and evaluate on experiences to build a positive mind set (Y9)

Developing healthy active lifestyles and promotion of mental wellbeing (Y10 and 11 core)

Development of leadership qualities through teaching students of varying abilities (GCSE/BTEC)

Preparing students for future aspiration within the sporting environments to generate ambition. (BTEC)

Extra-Curricular

12 hours of sports (Y7/8), Ski Trip (year 8-10), new sporting trips

PE

Spirituality relates to fundamental questions about the meaning and purpose of life. It is not dependent on religious beliefs. It includes the universal search for individual and communal identity. Spirituality is an innate human capacity. It is not about becoming more spiritual in a measurable sense. It is about realising or becoming more aware of our natural, innate spirituality. Students do not reach a finished state of spiritual development but participate in the ongoing process of spiritual realisation.